# TILAK MAHARSHTRA VIDYAPEETH

# **COLLEGE OF PHYSIOTHERAPY**

#### Name of the Event: Webinar Series on the Occasion of International Breast-feeding week

## **Date and duration of the Event:** 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> August, 2021

5<sup>th</sup> August, 2021- 2:00-3:00pm

6th August, 2021- 11:00-12:00Noon

7<sup>Th</sup> August, 2021 – 11:00-12:00 Noon

#### Department: Department of Community Physiotherapy

#### Name of the participating Faculty members:

- Dr. Rima Musale (PT)
- Dr. Vaibhavi Mahendrakar (PT)
- Dr.Rameshwari Korbekar (PT)
- Dr. Priyamwada Hinge (PT)
- Dr. Manali Kulkarni (PT)
- Number of Registered Participants: 210

#### **Topics addressed:**

- <u>5<sup>th</sup> August,2021 Addressed the audience on the topic "Tackling Anxiety & Stress in Breast-feeding Mothers</u>" by Dr. Rima Musale (PT) and Dr. Madhuri Huprikar-MBBS,MD (Microbiology)
- <u>6<sup>th</sup> August, 2021</u> Addressed the audience on the topic "**Breast-Feeding: Gynaecologist's Perspective**" by Dr. Shilpa Bhat.
- <u>7<sup>th</sup> August, 2021</u> Addressed the audience on the topic "Physiotherapy in Motherhood". The Topics covered were Problems faced during Breast-feeding, Good and bad posture, Guide to different Breast-feeding Positions. Speakers for these topics were Dr. Rameshwari Korbekar (PT), Dr. Priyamwada Hinge(PT) and Dr. Vaibhavi Mahendrakar(PT).

In view of International Breast –feeding week, which is celebrated from 1<sup>st</sup> -7<sup>th</sup> August. The Faculty from Community Department from College of Physiotherapy conducted a virtual webinar series for 3 days that included many speakers who spoke on different topics under the heading Breast-feeding week 210 number of participants had registered in this webinar. The Webinar was conducted on ZOOM Virtual Platform. We received interest of participants majoritily from Maharashtra and also from a few states. After completion of the webinar, questions from the participants were answered by the speakers. The Participants Prior registrations were mandatory and E-Certificates were issued who had attended our Webinar. The participants were asked to fill a pre and post questionnaire before the start and end of the webinars series

### Photos of the Webinar Speaker



